



Photo by 'Kelsi Dosscher Photography'

# Scorching Triathlons

## ***Congratulations***

***Debbie West***

**for completing the Short Duathlon**

(Run 1.2k, Cycle 15k, Run 2.5k )

**Overall Time: 00:59:19**

Race Date: 13 November 2011

with race splits of

Shoe Clinic /  
Asics Run Course

**00:07:12**

Burkes Cycles  
Bike Course

**00:37:30**

Shoe Clinic /  
Asics Run Course

**00:14:38**