



# Scorching Triathlons

## **Congratulations**

***Pat Harkins***

**for completing the Short Triathlon**

(Swim 250m, Cycle 15k, Run 2.5k )

**Overall Time: 00:55:28**

Race Date: 13 November 2011

with race splits of

2XU Swim Course

**00:09:43**

Burkes Cycles  
Bike Course

**00:32:19**

Shoe Clinic /  
Asics Run Course

**00:13:26**