



Scorching Triathlons

Congratulations

Lisa Galt

for completing the Medium (750m Swim) Triathlon

(Swim 750m, Cycle 20k, Run 5k)

Overall Time: 01:25:57

Race Date: 4 December 2011

with race splits of

2XU Swim Course

00:19:10

Burkes Cycles
Bike Course

00:42:41

Shoe Clinic /
Asics Run Course

00:24:06