



Photo by 'Kelsi Dosscher Photography'

# Scorching Triathlons

## **Congratulations**

**Greg Lang**

**for completing the Medium (750m Swim) Triathlon**

(Swim 750m, Cycle 20k, Run 5k)

**Overall Time: 01:20:51**

Race Date: 4 December 2011

with race splits of

2XU Swim Course

00:18:00

Burkes Cycles  
Bike Course

00:40:03

Shoe Clinic /  
Asics Run Course

00:22:48