

Steve Roughan

for completing the Long Triathlon

(Swim 1000m, Cycle 30k, Run 8k)

Overall Time: 01:59:04

Race Date: 10 November 2013

with race splits of

Scorching Swim Course 00:22:25

Louis Garneau & **Burkes Cycles** Bike 60 yrse

Shoe Clinic / Asics Run Course 00:35:48

00:00:00

00:00:00



