

## Claire Gold

for completing the Long Triathlon

(Swim 1000m, Cycle 30k, Run 8k)

**Overall Time: 02:11:33** 

Race Date: 10 November 2013

with race splits of

Scorching Swim Course 00:24:30

Louis Garneau & Burkes Cycles
Bike Course

Shoe Clinic / Asics Run Course 00:35:35

00:00:00

00:00:00



