

# Scorching Events



## Congratulations

**Karen Ward**

for completing the Long Triathlon

(Swim 1000m, Cycle 30k, Run 8k)

**Overall Time: 02:18:24**

Race Date: 10 November 2013

with race splits of

Scorching Swim  
Course  
00:23:32

Louis Garneau &  
Burkes Cycles  
Bike Course  
01:12:06

Shoe Clinic /  
Asics Run Course  
00:42:46

00:00:00

00:00:00

Find out more... [scorching.co.nz](http://scorching.co.nz)

