



Scorching Triathlons

Congratulations

Warren Gray

for completing the Long Duathlon

(Run 4k, Cycle 30k, Run 8k)

Overall Time: 01:35:51

Race Date: 13 November 2011

with race splits of

Shoe Clinic /
Asics Run Course

00:17:49

Burkes Cycles
Bike Course

23:59:59

Shoe Clinic /
Asics Run Course

01:18:02