



# Scorching Triathlons

## **Congratulations**

**Warren Gray**

**for completing the Long Duathlon**

(Run 4k, Cycle 30k, Run 8k)

**Overall Time: 01:35:51**

Race Date: 13 November 2011

with race splits of

Shoe Clinic /  
Asics Run Course

**00:17:49**

Burkes Cycles  
Bike Course

**23:59:59**

Shoe Clinic /  
Asics Run Course

**01:18:02**