



Photo by 'Kelsi Dosscher Photography'

# Scorching Triathlons

## **Congratulations**

***Kath Tate***

**for completing the Long Triathlon**

(Swim 1000m, Cycle 30k, Run 8k)

**Overall Time: 01:57:59**

Race Date: 13 November 2011

with race splits of

2XU Swim Course

00:20:41

Burkes Cycles  
Bike Course

00:59:05

Shoe Clinic /  
Asics Run Course

00:38:13