



Scorching Triathlons

Congratulations

Nicola Sutherland

for completing the Long Triathlon

(Swim 1000m, Cycle 30k, Run 8k)

Overall Time: 02:09:25

Race Date: 13 November 2011

with race splits of

2XU Swim Course

00:25:58

Burkes Cycles
Bike Course

23:59:59

Shoe Clinic /
Asics Run Course

01:43:27