



Scorching Triathlons

Congratulations

Di Chesmar

for completing the Long Triathlon

(Swim 1000m, Cycle 30k, Run 8k)

Overall Time: 02:29:08

Race Date: 13 November 2011

with race splits of

2XU Swim Course

00:30:59

Burkes Cycles
Bike Course

01:09:57

Shoe Clinic /
Asics Run Course

00:48:12