



Scorching Triathlons

Congratulations

Luwane Schuster

for completing the Long Triathlon

(Swim 1000m, Cycle 30k, Run 8k)

Overall Time: 01:41:28

Race Date: 13 November 2011

with race splits of

2XU Swim Course

00:15:07

Burkes Cycles
Bike Course

00:54:01

Shoe Clinic /
Asics Run Course

00:32:20