



Scorching Triathlons

Congratulations

Karl White

for completing the Long Triathlon

(Swim 1000m, Cycle 30k, Run 8k)

Overall Time: 01:49:56

Race Date: 13 November 2011

with race splits of

2XU Swim Course

00:17:27

Burkes Cycles
Bike Course

00:56:19

Shoe Clinic /
Asics Run Course

00:36:10