



Scorching Triathlons

Congratulations

Sam Coombes

for completing the Long Triathlon

(Swim 1000m, Cycle 30k, Run 8k)

Overall Time: 01:50:41

Race Date: 13 November 2011

with race splits of

2XU Swim Course

00:15:14

Burkes Cycles
Bike Course

01:02:06

Shoe Clinic /
Asics Run Course

00:33:22