



Scorching Triathlons

Congratulations

Chris O'Neale

for completing the Long Triathlon

(Swim 1000m, Cycle 30k, Run 8k)

Overall Time: 02:00:46

Race Date: 13 November 2011

with race splits of

2XU Swim Course

00:24:46

Burkes Cycles
Bike Course

00:56:42

Shoe Clinic /
Asics Run Course

00:39:18