



Photo by 'Kelsi Dosscher Photography'

Scorching Triathlons

Congratulations

Greg Lang

for completing the Long Triathlon

(Swim 1000m, Cycle 30k, Run 8k)

Overall Time: 02:02:04

Race Date: 13 November 2011

with race splits of

2XU Swim Course

00:23:06

Burkes Cycles
Bike Course

01:01:17

Shoe Clinic /
Asics Run Course

00:37:42