

Scorching Triathlons

Photo by 'Kelsi Dosscher Photography'



Congratulations

Fred Groen

for completing the Long Triathlon

(Swim 1000m, Cycle 30k, Run 8k)

Overall Time: 02:06:18

Race Date: 13 November 2011

with race splits of

2XU Swim Course

00:24:28

Burkes Cycles
Bike Course

01:00:20

Shoe Clinic /
Asics Run Course

00:41:31