



Scorching Triathlons

Congratulations

Miramar Unichem

Ting-Ting Chan, Cathy Milne,
Sasha Dobie

for completing the Long Triathlon

(Swim 1000m, Cycle 30k, Run 8k)

Overall Time: 02:18:13

Race Date: 13 November 2011

with race splits of

2XU Swim Course

00:23:39

Burkes Cycles
Bike Course

01:13:06

Shoe Clinic /
Asics Run Course

00:41:28