

PNDS

(Seda Clayton-Greene, Sam COLEMAN, Mike FROST)

for completing the Medium (750m Swim) Triathlon

(Swim 750m, Cycle 20k, Run 5k)

Overall Time: 01:09:37

Race Date: 16 February 2014

with race splits of

Scorching Swim Course 00:09:30

Louis Garneau & **Burkes Cycles** Big 56.96e

Shoe Clinic / Asics Run Course 00:23:41

00:00:00

00:00:00



